

**2024 PEW RESEARCH CENTER'S AMERICAN TRENDS PANEL  
WAVE 140 JANUARY 2024  
FINAL TOPLINE  
JANUARY 16-21, 2024  
N=5,140**

**ADDITIONAL QUESTIONS PREVIOUSLY RELEASED****ADDITIONAL QUESTIONS HELD FOR FUTURE RELEASE****ADDITIONAL QUESTIONS PREVIOUSLY RELEASED****ADDITIONAL QUESTIONS HELD FOR FUTURE RELEASE****ASK ALL:**

NEWYR Did you make any New Year's resolutions this year (2024)?

Jan 16-21,

2024

15	Yes, I made several
15	Yes, I made one
70	No, I did not make any
*	No answer

**ASK IF NEWYR= 1,2 [N=1,526]:**

NEWRES Did you make any New Year's resolutions about... **[RANDOMIZE HLTH-FIN, keep SE last]**

		<u>Yes</u>	<u>No</u>	<u>No answer</u>
HLTH	Your health, exercise or diet Jan 16-21, 2024	79	21	1
WRK	Your work or career Jan 16-21, 2024	49	50	1
FMLY	Your relationships with family or friends Jan 16-21, 2024	57	42	1
HBS	Your hobbies or personal interests Jan 16-21, 2024	55	43	1
FIN	Your money or finances Jan 16-21, 2024	61	38	1
SE	Something else Jan 16-21, 2024	42	56	2

**ASK IF NEWYR=1 [N=791]**

RESKEPT\_M And so far this year, have you kept your New Year's resolutions?

Jan 16-21,

2024

59	Yes, all of them
28	Yes, some of them
13	No, none of them
1	No answer

**ASK IF NEWYR=2 [N=735]**

RESKEPT\_S And so far this year, have you kept your New Year's resolution?

Jan 16-21,

2024

87	Yes
13	No
1	No answer

**ASK IF NEWYR=3 [N=3,600]:**RESLNONE Which of the following is the main reason why you did not make a New Year's resolution?  
**[RANDOMIZE OPTIONS 1-4; ALWAYS ASK OPTION 5 LAST]**

Jan 16-21,

2024

56	I don't like to make resolutions
9	I couldn't think of anything
6	I forgot
12	I break them too easily
17	Another reason
*	No answer

**ADDITIONAL QUESTIONS PREVIOUSLY RELEASED****ASK ALL:**

PARTY In politics today, do you consider yourself a:

**ASK IF INDEP/SOMETHING ELSE (PARTY=3 or 4) OR MISSING:**PARTYLN As of today do you lean more to...<sup>7</sup>

<u>Republican</u>	<u>Democrat</u>	<u>Independent</u>	<u>Something else</u>	<u>No answer</u>	<i>Lean Rep</i>	<i>Lean Dem</i>
28	29	27	13	3	17	18

**Key to Pew Research trends noted in the topline:**

(U) Pew Research Center/USA Today polls

<sup>7</sup> PARTY and PARTYLN asked in a prior survey.