

How much meaning and fulfillment does each of the following provide you?

	<i>Spending time with family</i>					<i>Your religious faith</i>				
	A great deal	Some	Not much	None at all	No answer	A great deal	Some	Not much	None at all	No answer
	%	%	%	%	%	%	%	%	%	%
Full sample	69	24	5	2	<1=100	36	27	15	22	1=100
Christian	76	19	4	1	<1	52	33	11	3	<1
Protestant	77	19	3	1	<1	57	31	10	2	1
<i>Evangelical</i>	75	21	3	<1	1	65	27	6	1	1
<i>Mainline</i>	81	15	4	1	<1	39	38	20	3	1
<i>Historically black</i>	75	21	1	3	0	62	32	6	<1	0
Catholic	73	19	6	1	<1	41	39	14	6	<1
Unaffiliated	57	31	8	3	<1	7	15	20	57	1
Atheist	47	39	11	3	<1	<1	3	4	92	1
Agnostic	48	41	9	2	<1	2	6	20	73	0
Nothing in particular	63	26	7	3	<1	11	23	26	40	1
Men	63	28	6	2	<1	30	29	16	25	<1
Women	74	20	5	1	<1	41	26	14	19	1
Ages 18-29	58	29	9	3	<1	22	29	15	34	<1
30-49	72	21	5	2	<1	29	25	18	28	<1
50-64	70	23	5	2	<1	45	30	13	12	<1
65+	74	23	2	1	1	49	26	12	12	1
White	69	24	6	1	<1	33	28	14	24	1
Black	66	26	4	3	<1	52	25	14	8	<1
Hispanic	75	19	3	3	<1	37	34	15	14	<1
H.S. or less	68	23	7	2	<1	41	29	14	16	1
Some college	67	25	5	2	<1	34	27	16	23	1
College graduate	71	23	4	1	<1	30	26	15	29	<1
Less than \$30,000	64	24	8	3	<1	39	27	14	18	1
\$30,000-\$74,999	70	24	5	1	<1	37	28	14	21	<1
\$75,000+	73	23	3	<1	<1	28	28	16	28	<1
NET Conservative	73	20	5	2	<1	53	27	12	7	1
Very conservative	72	18	7	3	<1	62	19	12	7	1
Conservative	73	21	4	1	1	50	30	12	8	<1
Moderate	69	25	5	1	<1	31	30	16	22	1
NET Liberal	64	26	7	3	<1	23	24	15	37	<1
Very liberal	63	27	9	1	<1	16	22	12	49	<1
Liberal	65	26	6	3	<1	27	26	16	31	<1

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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How much meaning and fulfillment does each of the following provide you?

	Being outdoors and experiencing nature					Spending time with friends				
	A great deal	Some	Not much	None at all	No answer	A great deal	Some	Not much	None at all	No answer
	%	%	%	%	%	%	%	%	%	%
Full sample	47	41	9	2	<1=100	47	44	7	2	1=100
Christian	46	42	9	2	<1	46	45	7	1	<1
Protestant	43	45	9	2	1	47	45	7	1	1
<i>Evangelical</i>	43	46	8	2	1	48	44	8	<1	<1
<i>Mainline</i>	48	41	9	2	1	51	43	4	1	1
<i>Historically black</i>	32	50	15	3	0	35	55	8	2	<1
Catholic	51	37	10	2	<1	43	46	8	3	<1
Unaffiliated	49	38	10	3	<1	48	43	6	3	1
Atheist	47	40	11	2	<1	50	44	4	2	<1
Agnostic	49	36	10	5	<1	44	45	8	2	1
Nothing in particular	50	38	9	2	1	48	41	7	3	1
Men	45	44	8	2	<1	44	47	7	2	<1
Women	50	37	10	3	1	49	42	6	2	1
Ages 18-29	50	37	10	3	<1	55	37	5	2	1
30-49	48	42	8	2	<1	44	46	7	3	<1
50-64	49	40	9	2	<1	44	46	8	2	1
65+	42	43	11	2	1	47	47	5	1	1
White	50	40	8	2	1	50	42	6	1	<1
Black	32	47	16	5	<1	36	53	6	4	2
Hispanic	52	36	10	3	<1	40	49	8	3	<1
H.S. or less	45	42	9	3	1	40	48	9	2	1
Some college	48	41	9	2	<1	48	43	6	2	<1
College graduate	50	39	9	2	<1	55	40	3	1	1
Less than \$30,000	46	39	12	3	1	41	47	8	4	1
\$30,000-\$74,999	47	42	8	2	<1	47	45	7	1	1
\$75,000+	50	41	8	2	<1	53	41	4	1	<1
NET Conservative	42	46	10	2	<1	42	48	7	2	<1
Very conservative	44	43	11	3	<1	41	46	9	4	<1
Conservative	42	48	9	1	<1	43	49	6	2	1
Moderate	51	39	7	3	1	47	44	7	1	<1
NET Liberal	49	37	11	2	<1	51	40	5	3	1
Very liberal	52	38	9	1	0	50	40	4	3	2
Liberal	48	37	12	3	1	51	40	6	3	1

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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How much meaning and fulfillment does each of the following provide you?

	<i>Caring for pets or animals</i>					<i>Listening to music</i>				
	A great deal	Some	Not much	None at all	No answer	A great deal	Some	Not much	None at all	No answer
	%	%	%	%	%	%	%	%	%	%
Full sample	45	31	13	10	1=100	44	42	11	2	<1=100
Christian	44	31	13	11	1	42	45	12	2	<1
Protestant	43	30	14	12	1	40	46	12	2	<1
<i>Evangelical</i>	42	31	12	12	2	36	48	13	3	1
<i>Mainline</i>	53	24	13	9	1	39	47	14	1	<1
<i>Historically black</i>	25	36	21	17	<1	58	38	4	<1	0
Catholic	47	33	10	9	1	45	43	10	2	<1
Unaffiliated	50	30	12	8	1	50	38	10	3	<1
Atheist	42	36	13	8	<1	38	48	12	2	<1
Agnostic	53	25	14	8	1	54	34	8	3	<1
Nothing in particular	51	30	10	9	1	52	36	9	3	1
Men	40	36	13	11	<1	40	44	12	2	<1
Women	50	26	13	9	1	48	41	10	2	<1
Ages 18-29	51	29	16	4	0	56	32	9	2	<1
30-49	38	38	13	10	1	43	43	11	2	1
50-64	52	28	9	10	1	43	45	10	2	1
65+	43	23	13	18	2	36	48	13	2	<1
White	48	30	11	9	1	40	45	12	2	<1
Black	26	33	20	19	2	51	39	7	2	1
Hispanic	46	35	11	6	1	59	33	7	1	0
H.S. or less	49	31	10	9	1	48	38	11	2	1
Some college	45	30	15	9	1	44	44	10	2	<1
College graduate	41	30	15	13	1	39	46	12	2	<1
Less than \$30,000	49	26	14	11	1	51	36	10	2	1
\$30,000-\$74,999	46	34	11	8	1	42	45	11	2	<1
\$75,000+	39	34	14	12	<1	40	45	12	3	<1
NET Conservative	40	31	14	14	1	34	47	15	3	<1
Very conservative	40	28	15	16	<1	35	42	18	4	<1
Conservative	39	32	13	13	2	34	49	14	3	<1
Moderate	48	33	11	7	<1	47	42	9	2	<1
NET Liberal	47	28	14	10	1	52	38	9	1	<1
Very liberal	46	29	10	14	1	49	36	13	1	1
Liberal	47	28	15	8	1	53	39	7	1	<1

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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How much meaning and fulfillment does each of the following provide you?

	<i>Reading</i>					<i>Your job or career</i>				
	<i>A great deal</i>	<i>Some</i>	<i>Not much</i>	<i>None at all</i>	<i>No answer</i>	<i>A great deal</i>	<i>Some</i>	<i>Not much</i>	<i>None at all</i>	<i>No answer</i>
	%	%	%	%	%	%	%	%	%	%
Full sample	37	43	16	5	<1=100	34	36	15	14	1=100
Christian	36	43	17	4	<1	36	34	16	12	2
Protestant	35	43	17	4	1	35	35	17	13	1
<i>Evangelical</i>	33	44	19	3	1	33	36	17	13	1
<i>Mainline</i>	39	38	15	7	<1	34	29	19	17	1
<i>Historically black</i>	35	46	17	2	0	44	40	9	7	0
Catholic	38	42	15	4	<1	38	33	15	11	3
Unaffiliated	36	44	14	5	<1	29	40	15	15	1
Atheist	42	42	11	5	1	30	39	18	12	1
Agnostic	38	49	10	3	0	31	40	13	13	2
Nothing in particular	34	43	16	6	<1	27	41	15	17	1
Men	30	45	19	6	1	35	39	15	11	1
Women	43	40	13	4	<1	33	34	16	16	2
Ages 18-29	32	40	21	6	<1	36	38	17	9	<1
30-49	34	43	17	5	<1	37	42	12	8	1
50-64	35	45	15	4	1	34	36	17	12	1
65+	47	40	9	3	1	26	26	16	28	4
White	36	44	15	5	1	30	38	16	15	2
Black	38	40	17	4	<1	39	36	14	9	1
Hispanic	37	40	19	5	<1	44	34	14	8	1
H.S. or less	31	42	18	9	1	34	30	17	17	1
Some college	35	45	17	3	<1	29	38	18	13	1
College graduate	46	41	11	1	<1	37	41	10	9	2
Less than \$30,000	34	39	18	8	<1	34	30	18	17	1
\$30,000-\$74,999	39	43	15	3	<1	33	38	15	12	2
\$75,000+	37	45	15	3	1	34	41	14	10	1
NET Conservative	32	44	17	7	<1	32	38	15	14	1
Very conservative	33	39	18	10	<1	33	30	16	19	1
Conservative	31	47	16	5	<1	31	41	15	12	1
Moderate	36	43	16	4	1	34	36	15	13	1
NET Liberal	43	40	14	2	<1	35	36	15	13	1
Very liberal	42	44	10	4	0	35	33	15	17	1
Liberal	44	39	16	2	<1	35	37	16	11	2

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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How much meaning and fulfillment does each of the following provide you?

	Arts or crafts					Participating in sports or exercising				
	A great deal	Some	Not much	None at all	No answer	A great deal	Some	Not much	None at all	No answer
	%	%	%	%	%	%	%	%	%	%
Full sample	24	37	25	13	<1=100	22	43	23	11	1=100
Christian	21	38	27	13	<1	22	43	24	11	1
Protestant	19	39	27	14	1	19	43	25	12	1
<i>Evangelical</i>	17	40	28	14	1	19	41	24	15	1
<i>Mainline</i>	22	38	26	14	1	17	47	28	7	1
<i>Historically black</i>	22	39	27	12	0	25	40	23	10	2
Catholic	25	35	26	14	<1	28	44	17	10	<1
Unaffiliated	30	34	22	13	<1	20	44	24	12	<1
Atheist	28	35	22	15	<1	20	48	21	10	1
Agnostic	27	35	24	13	<1	17	43	28	12	<1
Nothing in particular	32	33	22	12	<1	22	43	23	12	<1
Men	19	35	29	17	<1	24	45	21	9	1
Women	30	39	21	10	<1	21	41	25	13	<1
Ages 18-29	36	32	23	9	<1	30	43	20	8	<1
30-49	24	40	22	13	1	24	43	21	12	1
50-64	21	38	27	14	<1	18	44	26	11	1
65+	19	36	27	17	<1	17	43	26	14	<1
White	25	34	26	15	<1	19	44	25	11	<1
Black	22	41	23	13	1	25	40	23	11	2
Hispanic	25	41	26	8	0	31	42	17	10	<1
H.S. or less	23	35	25	15	<1	19	40	25	16	1
Some college	24	39	26	11	1	21	45	24	10	<1
College graduate	27	37	23	13	<1	28	46	19	7	1
Less than \$30,000	27	38	23	11	1	20	39	25	16	1
\$30,000-\$74,999	25	37	25	13	<1	21	46	22	10	1
\$75,000+	22	35	26	16	<1	26	44	22	7	1
NET Conservative	18	37	28	17	<1	20	46	22	12	1
Very conservative	20	31	25	23	<1	20	40	28	12	1
Conservative	16	39	30	14	<1	20	48	19	12	1
Moderate	26	38	24	12	<1	21	43	26	10	<1
NET Liberal	31	36	20	12	1	25	41	21	13	<1
Very liberal	34	36	18	12	<1	24	41	18	16	1
Liberal	30	36	22	12	1	26	41	22	11	<1

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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How much meaning and fulfillment does each of the following provide you?

	Volunteer work					Spiritual practices, such as meditation				
	A great deal	Some	Not much	None at all	No answer	A great deal	Some	Not much	None at all	No answer
	%	%	%	%	%	%	%	%	%	%
Full sample	20	44	22	14	1=100	20	35	24	21	1=100
Christian	23	46	18	11	1	23	39	23	15	<1
Protestant	23	47	19	9	1	25	39	23	13	1
<i>Evangelical</i>	24	46	19	9	1	28	38	22	11	1
<i>Mainline</i>	25	44	20	10	1	18	34	27	20	1
<i>Historically black</i>	17	57	18	9	0	29	49	18	4	0
Catholic	22	45	15	16	1	17	40	25	19	0
Unaffiliated	15	38	28	18	1	11	27	27	34	1
Atheist	12	37	28	21	2	3	15	26	56	1
Agnostic	16	37	26	22	0	6	28	25	40	<1
Nothing in particular	15	39	29	16	1	16	31	28	25	1
Men	15	45	23	16	1	16	32	27	25	1
Women	25	42	21	12	1	24	38	22	17	<1
Ages 18-29	22	40	24	13	<1	18	34	25	22	<1
30-49	18	44	24	13	1	19	34	25	22	<1
50-64	22	43	20	15	1	19	37	24	20	1
65+	21	47	18	13	1	25	35	21	19	1
White	19	45	22	13	1	17	34	25	23	1
Black	22	46	21	10	1	29	42	19	10	<1
Hispanic	25	37	20	18	<1	24	33	23	20	0
H.S. or less	19	43	23	15	1	19	35	23	23	<1
Some college	20	43	23	14	<1	22	35	24	20	<1
College graduate	24	45	18	12	1	19	35	26	20	1
Less than \$30,000	21	41	23	15	1	25	33	22	19	1
\$30,000-\$74,999	20	45	23	13	<1	18	38	24	20	<1
\$75,000+	21	45	20	13	1	16	34	26	24	<1
NET Conservative	20	49	20	11	1	21	38	23	17	1
Very conservative	19	45	23	13	<1	24	32	30	14	1
Conservative	20	51	18	10	1	20	41	20	18	1
Moderate	20	41	24	14	1	19	34	23	23	1
NET Liberal	22	42	21	15	1	18	33	27	22	<1
Very liberal	25	41	19	14	1	19	32	24	25	1
Liberal	20	42	22	15	<1	18	33	28	20	<1

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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How much meaning and fulfillment does each of the following provide you?

	Watching television shows or videos					Supporting a social or political cause				
	A great deal	Some	Not much	None at all	No answer	A great deal	Some	Not much	None at all	No answer
	%	%	%	%	%	%	%	%	%	%
Full sample	13	42	33	11	<1=100	12	39	32	17	1=100
Christian	15	42	34	9	<1	11	40	34	15	<1
Protestant	14	42	34	10	<1	10	42	36	13	<1
<i>Evangelical</i>	11	38	39	12	1	7	38	40	14	1
<i>Mainline</i>	14	45	33	8	<1	12	45	32	11	<1
<i>Historically black</i>	22	52	21	5	0	13	48	28	11	0
Catholic	17	42	32	9	<1	15	37	29	19	<1
Unaffiliated	11	42	34	12	<1	11	37	30	22	1
Atheist	9	39	40	12	0	17	40	22	21	<1
Agnostic	10	49	32	8	1	13	42	22	21	1
Nothing in particular	12	40	33	14	1	8	34	35	23	1
Men	11	43	33	13	<1	11	39	32	18	1
Women	15	41	34	9	1	13	38	32	16	1
Ages 18-29	14	41	34	10	<1	12	32	35	21	<1
30-49	13	42	34	11	<1	11	37	35	18	<1
50-64	13	42	33	12	<1	11	40	34	16	1
65+	14	43	32	10	1	16	47	23	13	1
White	11	42	36	11	1	12	38	32	17	1
Black	22	45	27	6	<1	15	41	29	14	1
Hispanic	18	39	31	12	<1	8	38	31	22	0
H.S. or less	15	44	32	9	<1	9	36	34	20	1
Some college	14	39	35	12	<1	9	38	34	19	<1
College graduate	10	42	34	13	1	18	43	28	11	1
Less than \$30,000	17	41	34	7	1	11	36	32	20	1
\$30,000-\$74,999	13	43	32	11	<1	11	41	34	13	<1
\$75,000+	10	41	36	14	<1	14	37	32	17	<1
NET Conservative	10	39	37	14	<1	10	40	37	13	<1
Very conservative	11	33	36	20	<1	12	43	33	12	<1
Conservative	10	41	37	11	<1	9	39	38	14	<1
Moderate	14	45	31	9	<1	9	33	38	20	1
NET Liberal	15	42	32	10	1	19	44	21	15	<1
Very liberal	15	40	33	12	1	30	39	15	16	<1
Liberal	15	43	32	10	1	14	47	24	15	<1

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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What is the most important source of meaning and fulfillment in your life?

	Full Sample	Christian	Protestant	<i>Evangelical</i>	<i>Mainline</i>	<i>Historically black</i>	Catholic
	%	%	%	%	%	%	%
Spending time with family	40	42	39	31	54	37	50
Your religious faith	20	29	35	45	15	38	17
Caring for pets or animals	6	5	5	6	5	2	6
Being outdoors	5	3	3	3	3	<1	5
Spending time with friends	4	3	2	2	4	<1	3
Your job or career	4	3	3	2	5	3	4
Arts or crafts	3	1	1	1	1	1	2
Listening to music	3	2	2	1	1	3	2
Reading	2	1	1	1	1	<1	2
Spiritual practices, such as meditation	1	1	1	1	<1	3	1
Watching television shows	1	1	1	<1	1	4	1
Participating in sports or exercising	1	1	1	1	1	1	1
Volunteer work	1	1	1	<1	1	1	1
Supporting a social or political cause	1	<1	<1	<1	<1	0	1
Something else	6	3	3	3	4	5	2
None provide a great deal of meaning	<u>4</u>	<u>3</u>	<u>2</u>	<u>2</u>	<u>3</u>	<u>2</u>	<u>3</u>
	100	100	100	100	100	100	100

Note: Figures may not add to 100% due to rounding. Those who find the most meaning and fulfillment from a particular source include those who only said the corresponding item provides “a great deal” of meaning and fulfillment, as well as those who said more than one source provides “a great deal” of meaning and fulfillment and then indicated, in a follow-up question, that the corresponding item is the “most important” source of meaning and fulfillment in their life.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

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What is the *most* important source of meaning and fulfillment in your life?

	Full Sample	Unaffiliated	<i>Atheist</i>	<i>Agnostic</i>	<i>Nothing in particular</i>
	%	%	%	%	%
Spending time with family	40	38	29	31	44
Your religious faith	20	2	0	1	4
Caring for pets or animals	6	8	14	12	5
Being outdoors	5	7	6	9	7
Spending time with friends	4	7	13	9	4
Your job or career	4	6	3	11	5
Arts or crafts	3	4	7	3	4
Listening to music	3	4	2	6	3
Reading	2	2	4	2	2
Spiritual practices, such as meditation	1	2	0	0	3
Watching television shows	1	1	1	1	1
Participating in sports or exercising	1	1	2	1	<1
Volunteer work	1	1	<1	<1	1
Supporting a social or political cause	1	1	3	3	<1
Something <u>else</u>	6	9	8	9	9
None provide a great deal of meaning	<u>4</u>	<u>6</u>	<u>8</u>	<u>2</u>	<u>7</u>
	100	100	100	100	100

Note: Figures may not add to 100% due to rounding. Those who find the most meaning and fulfillment from a particular source include those who only said the corresponding item provides “a great deal” of meaning and fulfillment, as well as those who said more than one source provides “a great deal” of meaning and fulfillment and then indicated, in a follow-up question, that the corresponding item is the “most important” source of meaning and fulfillment in their life.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

Title TK

PEW RESEARCH CENTER

What is the most important source of meaning and fulfillment in your life?

	Full Sample	Men	Women	18-29	30-49	50-64	65+
	%	%	%	%	%	%	%
Spending time with family	40	37	42	34	46	39	36
Your religious faith	20	17	22	10	15	25	29
Caring for pets or animals	6	6	7	7	6	6	7
Being outdoors	5	5	5	7	3	5	4
Spending time with friends	4	5	4	8	5	2	3
Your job or career	4	5	4	4	6	3	2
Arts or crafts	3	2	3	4	3	2	2
Listening to music	3	2	3	5	2	2	1
Reading	2	2	2	2	1	1	3
Spiritual practices, such as meditation	1	2	1	2	1	1	2
Watching television shows	1	1	1	1	1	1	1
Participating in sports or exercising	1	1	<1	1	1	1	1
Volunteer work	1	1	1	1	<1	1	1
Supporting a social or political cause	1	1	1	2	1	<1	1
Something else	6	8	4	8	6	5	4
None provide a great deal of meaning	<u>4</u>	<u>5</u>	<u>3</u>	<u>6</u>	<u>3</u>	<u>4</u>	<u>3</u>
	100	100	100	100	100	100	100

Note: Figures may not add to 100% due to rounding. Those who find the most meaning and fulfillment from a particular source include those who only said the corresponding item provides “a great deal” of meaning and fulfillment, as well as those who said more than one source provides “a great deal” of meaning and fulfillment and then indicated, in a follow-up question, that the corresponding item is the “most important” source of meaning and fulfillment in their life.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

Title TK

PEW RESEARCH CENTER

What is the *most important* source of meaning and fulfillment in your life?

	Full Sample	White	Black	Hispanic	High school or less	Some college	College graduate
	%	%	%	%	%	%	%
Spending time with family	40	40	29	50	40	38	40
Your religious faith	20	18	32	16	22	19	17
Caring for pets or animals	6	7	2	3	8	5	4
Being outdoors	5	6	2	2	4	5	6
Spending time with friends	4	5	<1	3	2	5	7
Your job or career	4	4	3	6	4	3	6
Arts or crafts	3	3	2	2	2	3	3
Listening to music	3	2	2	5	3	2	2
Reading	2	2	2	2	1	2	2
Spiritual practices, such as meditation	1	1	3	2	1	2	1
Watching television shows	1	1	2	1	1	2	1
Participating in sports or exercising	1	1	1	1	<1	1	1
Volunteer work	1	1	1	<1	<1	1	1
Supporting a social or political cause	1	1	<1	<1	<1	1	1
Something else	6	5	12	3	6	6	5
None provide a great deal of meaning	<u>4</u>	<u>4</u>	<u>4</u>	<u>2</u>	<u>5</u>	<u>4</u>	<u>3</u>
	100	100	100	100	100	100	100

Note: Figures may not add to 100% due to rounding. Whites and blacks include only non-Hispanics. Hispanics can be of any race. Those who find the most meaning and fulfillment from a particular source include those who only said the corresponding item provides “a great deal” of meaning and fulfillment, as well as those who said more than one source provides “a great deal” of meaning and fulfillment and then indicated, in a follow-up question, that the corresponding item is the “most important” source of meaning and fulfillment in their life.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

Title Tk

PEW RESEARCH CENTER

What is the most important source of meaning and fulfillment in your life?

	Full Sample	<\$30,000	\$30,000- \$74,999	\$75,000+	NET Conservative	NET Liberal
	%	%	%	%	%	%
Spending time with family	40	35	41	44	36	40
Your religious faith	20	21	20	17	34	9
Caring for pets or animals	6	7	6	4	5	7
Being outdoors	5	5	5	4	4	6
Spending time with friends	4	3	4	7	2	6
Your job or career	4	5	3	6	4	5
Arts or crafts	3	3	3	2	2	3
Listening to music	3	3	2	2	2	3
Reading	2	2	2	1	1	3
Spiritual practices, such as meditation	1	1	2	1	1	2
Watching television shows	1	2	1	<1	1	2
Participating in sports or exercising	1	1	1	1	1	1
Volunteer work	1	<1	1	1	1	1
Supporting a social or political cause	1	1	<1	1	<1	2
Something else	6	6	6	4	5	6
None provide a great deal of meaning	<u>4</u>	<u>5</u>	<u>3</u>	<u>3</u>	<u>4</u>	<u>4</u>
	100	100	100	100	100	100

Note: Figures may not add to 100% due to rounding. Those who find the most meaning and fulfillment from a particular source include those who only said the corresponding item provides “a great deal” of meaning and fulfillment, as well as those who said more than one source provides “a great deal” of meaning and fulfillment and then indicated, in a follow-up question, that the corresponding item is the “most important” source of meaning and fulfillment in their life.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

Title TK

PEW RESEARCH CENTER

What is the *most* important source of meaning and fulfillment in your life?

	Full Sample	Very Conservative		Moderate	Liberal	Very Liberal
	%	%	%	%	%	%
Spending time with family	40	32	38	42	39	41
Your religious faith	20	41	30	16	12	5
Caring for pets or animals	6	3	5	7	7	6
Being outdoors	5	4	4	5	7	4
Spending time with friends	4	1	2	5	5	9
Your job or career	4	2	4	5	5	3
Arts or crafts	3	1	2	2	4	3
Listening to music	3	1	2	3	3	1
Reading	2	<1	1	2	4	3
Spiritual practices, such as meditation	1	<1	1	2	2	2
Watching television shows	1	<1	1	1	2	2
Participating in sports or exercising	1	1	1	1	1	1
Volunteer work	1	<1	1	1	1	2
Supporting a social or political cause	1	0	<1	<1	1	5
Something else	6	7	5	6	5	7
None provide a great deal of meaning	<u>4</u>	<u>6</u>	<u>4</u>	<u>3</u>	<u>2</u>	<u>7</u>
	100	100	100	100	100	100

Note: Figures may not add to 100% due to rounding. Those who find the most meaning and fulfillment from a particular source include those who only said the corresponding item provides “a great deal” of meaning and fulfillment, as well as those who said more than one source provides “a great deal” of meaning and fulfillment and then indicated, in a follow-up question, that the corresponding item is the “most important” source of meaning and fulfillment in their life.

Source: Survey conducted Dec. 4-18, 2017, among U.S. adults

Title TK

PEW RESEARCH CENTER

What do you currently find meaningful, fulfilling or satisfying?

	ALL Family	<i>Family Children</i>	<i>Family Partner</i>	Career	Finances and Money	ALL Faith and Spirituality	<i>Faith</i>	<i>Christianity</i>
	%	%	%	%	%	%	%	%
Full sample	69	34	20	34	23	20	17	5
Christian	73	36	21	31	22	28	25	7
Protestant	73	35	21	30	21	34	30	10
<i>Evangelical</i>	73	35	23	33	26	43	38	14
<i>Mainline</i>	81	41	24	31	20	18	16	4
<i>Historically black</i>	56	28	10	22	15	32	27	5
Catholic	74	38	19	30	22	16	13	1
Unaffiliated	64	30	20	38	26	4	3	1
Atheist	63	27	23	52	37	4	3	<1
Agnostic	60	22	25	46	27	5	4	0
Nothing in particular	67	34	16	31	22	4	3	1
Men	62	24	16	34	23	17	14	4
Women	77	43	23	34	23	23	20	5
Ages 18-29	63	26	16	40	20	10	9	3
30-49	73	33	19	41	22	17	15	4
50-64	68	35	19	29	25	23	21	6
65+	71	41	26	21	25	30	25	7
White	74	35	24	36	26	20	17	5
Black	54	26	9	26	13	30	26	6
Hispanic	67	31	11	28	14	15	14	3
H.S. or less	67	37	18	24	18	22	19	5
Some college	69	33	18	32	23	20	18	6
College graduate	74	30	24	48	29	18	14	3
Less than \$30,000	62	36	11	22	18	18	17	5
\$30,000-\$74,999	70	32	21	34	23	23	19	5
\$75,000+	77	32	29	48	28	16	14	4
NET Conservative	70	34	21	28	23	33	28	9
Very conservative	66	35	23	28	21	38	32	13
Conservative	71	33	20	28	25	30	27	7
Moderate	70	35	18	34	23	16	15	3
NET Liberal	68	31	21	40	23	9	7	1
Very liberal	64	29	23	41	21	8	5	1
Liberal	70	32	21	40	24	9	8	1

Source: Survey conducted Sept. 14-28, 2017, among U.S. adults. Note: Subtopic totals do not sum to more general topics.

PEW RESEARCH CENTER

What do you currently find meaningful, fulfilling or satisfying?

	Friends	ALL Activities and Hobbies	Hobbies	Creativity	Leisure	Travel	Outdoors	Fitness
	%	%	%	%	%	%	%	%
Full sample	19	19	12	4	6	6	4	2
Christian	19	16	10	2	5	5	3	2
Protestant	20	15	10	2	6	4	3	2
<i>Evangelical</i>	19	13	7	1	4	4	3	1
<i>Mainline</i>	25	21	16	3	9	6	3	3
<i>Historically black</i>	13	19	12	5	6	4	3	1
Catholic	17	16	8	2	4	7	2	2
Unaffiliated	19	23	16	6	8	8	4	2
Atheist	28	32	26	11	14	13	7	5
Agnostic	23	27	18	8	10	9	6	2
Nothing in particular	14	19	12	4	5	6	3	2
Men	15	17	11	3	6	4	3	2
Women	22	20	13	5	7	8	4	2
Ages 18-29	20	18	13	5	8	6	2	1
30-49	18	17	11	4	4	5	3	1
50-64	16	16	10	3	6	6	4	3
65+	23	25	17	4	9	9	5	3
White	23	21	14	4	7	7	5	2
Black	11	16	11	4	6	4	2	1
Hispanic	11	10	7	2	4	3	0	1
H.S. or less	12	9	5	2	2	3	1	1
Some college	17	19	13	4	8	5	4	2
College graduate	29	31	20	6	10	11	6	4
Less than \$30,000	14	14	9	2	6	3	2	1
\$30,000-\$74,999	18	17	12	5	6	6	3	2
\$75,000+	25	25	16	5	8	11	5	3
NET Conservative	17	15	10	2	5	4	3	2
Very conservative	13	13	9	2	4	3	3	1
Conservative	19	16	10	2	5	5	3	2
Moderate	17	17	10	2	5	6	3	1
NET Liberal	23	26	19	8	9	8	5	3
Very liberal	27	23	16	7	7	7	4	4
Liberal	21	27	20	8	10	8	5	3

Source: Survey conducted Sept. 14-28, 2017, among U.S. adults. Note: Subtopic totals do not sum to more general topics.

PEW RESEARCH CENTER

What do you currently find meaningful, fulfilling or satisfying?

	Heath	Home and Surroundings	Learning and Education	ALL Struggles	General Struggles	Health Difficulties	ALL Doing Good	Making a Difference
	%	%	%	%	%	%	%	%
Full sample	16	13	11	9	5	5	7	5
Christian	17	13	10	9	5	6	7	4
Protestant	15	13	10	9	4	6	8	5
<i>Evangelical</i>	16	14	9	10	6	6	7	4
<i>Mainline</i>	17	16	8	10	3	8	10	6
<i>Historically black</i>	9	7	18	3	1	2	8	6
Catholic	20	11	9	9	4	5	5	3
Unaffiliated	16	16	12	9	5	5	7	5
Atheist	17	17	17	12	8	5	11	9
Agnostic	18	18	18	8	4	5	9	7
Nothing in particular	14	13	8	9	5	5	6	3
Men	14	10	8	6	3	4	6	4
Women	18	16	13	11	6	6	9	5
Ages 18-29	8	9	19	7	6	2	6	4
30-49	13	14	10	7	5	2	7	5
50-64	20	14	7	11	4	9	8	4
65+	25	14	8	11	5	8	9	6
White	18	16	9	11	6	6	8	5
Black	8	5	13	4	2	3	7	4
Hispanic	15	7	12	5	2	3	5	4
H.S. or less	11	10	6	8	3	6	5	2
Some college	15	14	12	10	6	5	6	4
College graduate	24	17	16	9	6	5	12	8
Less than \$30,000	10	9	9	10	4	7	5	3
\$30,000-\$74,999	16	14	11	9	5	5	6	4
\$75,000+	23	18	13	7	5	4	11	7
NET Conservative	16	13	8	9	4	6	6	4
Very conservative	15	13	6	10	5	7	4	2
Conservative	16	13	9	8	4	5	7	4
Moderate	16	13	11	9	6	5	7	4
NET Liberal	16	14	14	9	5	5	9	7
Very liberal	15	15	14	6	3	3	10	9
Liberal	16	14	14	10	5	6	8	6

Source: Survey conducted Sept. 14-28, 2017, among U.S. adults. Note: Subtopic totals do not sum to more general topics.

PEW RESEARCH CENTER

What do you currently find meaningful, fulfilling or satisfying?

	ALL Community and Belonging	Church Community	Other Types of Community	Retirement	Security	Pets
	%	%	%	%	%	%
Full sample	7	3	5	6	6	5
Christian	8	5	4	7	5	4
Protestant	9	6	4	8	6	4
<i>Evangelical</i>	9	7	3	8	6	4
<i>Mainline</i>	8	4	6	7	8	8
<i>Historically black</i>	10	6	6	7	2	0
Catholic	5	2	4	6	5	4
Unaffiliated	5	<1	4	5	7	8
Atheist	8	<1	7	5	11	10
Agnostic	5	0	5	4	10	8
Nothing in particular	3	<1	3	5	5	7
Men	6	3	3	7	7	3
Women	8	4	5	5	5	7
Ages 18-29	6	1	4	<1	4	3
30-49	6	3	4	2	6	5
50-64	6	3	3	9	6	8
65+	12	7	8	14	7	5
White	8	4	5	8	7	7
Black	8	4	5	4	2	<1
Hispanic	3	1	2	2	3	2
H.S. or less	5	4	2	4	2	6
Some college	6	3	4	7	5	4
College graduate	10	3	8	7	11	6
Less than \$30,000	5	2	3	2	3	6
\$30,000-\$74,999	8	5	4	7	5	5
\$75,000+	7	2	6	8	10	6
NET Conservative	7	5	3	7	5	4
Very conservative	10	7	3	9	4	7
Conservative	6	4	4	7	6	3
Moderate	6	3	4	6	6	6
NET Liberal	7	1	6	5	6	6
Very liberal	8	1	7	4	6	8
Liberal	7	2	6	5	6	5

Source: Survey conducted Sept. 14-28, 2017, among U.S. adults. Note: Subtopic totals do not sum to more general topics.

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